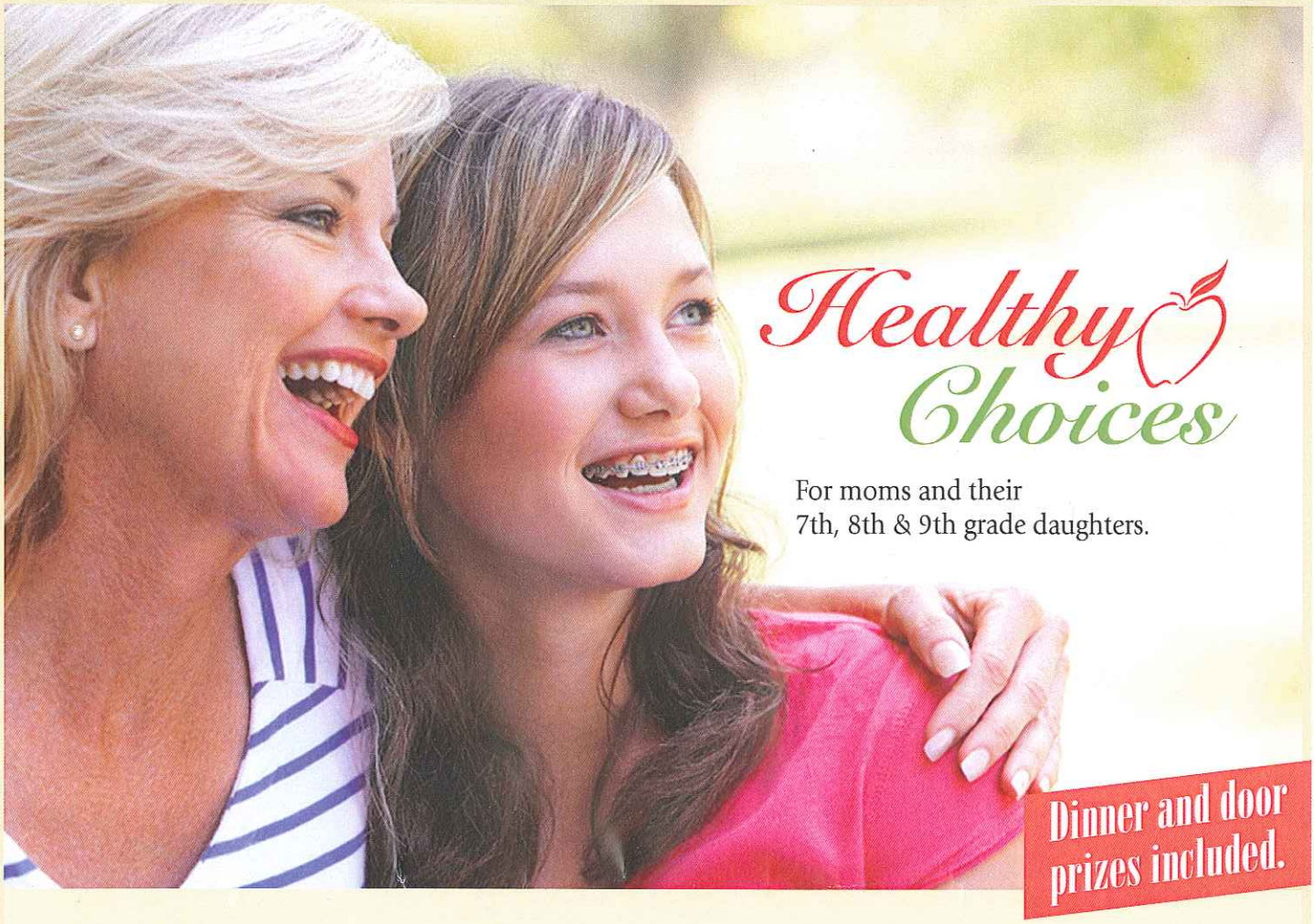

Free and Fun! Wednesday, November 17, 2010

5:30 pm to 9 pm *(registration opens at 5 pm)* • **Sea Oaks Country Club, Little Egg Harbor**

The program includes:

• Improving Communication • Effects of Tobacco • Self-Defense
• Preventing Fetal Alcohol Syndrome • Host Liability
• Mother/Daughter Walk (bring sneakers) • Handling Stress

Registration is required by November 5. Call 1-800-DOCTORS (1-800-362-8677).

Sponsored By:

AmeriChoice
Barnegat Municipal Alliance
Family Planning Center of Ocean County
Girl Scouts of the Jersey Shore
Lacey Municipal Alliance
Long Beach Island Health Department
Long Beach Island Municipal Alliance
Meridian Health
NJ Coalition for the Prevention of Developmental Disabilities
Office for Prevention of MR/DD
Ocean County Cancer Coalition
Pinelands Regional School District
Regional Perinatal Consortium of Monmouth & Ocean Counties, Inc.
Southern Ocean County Hospital
Southern Regional School District
Stafford Twp. Municipal Alliance